№	Name of the sports event	Discipline/exercise	Target group	Age	State	City	Dates
	•	Fi onships of the World :	rst group. Ra	ating competitions		World Game	z)
1.	Open European Championship	In working out	men	unlimited	Germany	Stolberg	30 May – 2 June
		In working out	women				
2.	Open European Championship U-22	In working out	male juniors	Under 22	Germany	Stolberg	30 May – 2 June
		In working out	female juniors				
3.	Open European Championship among veterans	In working out	men	Men 40 years old and older, women 35 years old and older	Germany	Stolberg	30 May – 2 June
		In working out	women				
4.	Open European Championship U-16/U-18	In working out	young boys	Under 16 Under 18	France	Paris	28-30 June
		In working out	young girls				
5.	World Championship	In working out	men	unlimited	Serbia	Belgrade	November
		In working out	women				
6.	World Championship U-22	In working out	male juniors	Under 22	Serbia	Belgrade	November
		In working out	female juniors				
7.	World Championship among veterans	In working out	men	Men 40 years old and older, women 35 years old and older	Serbia	Belgrade	November
		In working out	women				
8.	Open Asian Championship	In working out	men	unlimited	nited It will be certain additionally		December
		In working out	women	ummited			
9.	Open Asian Championship U-22	In working out	male juniors	Lindon 22	It will be certain additionally		December
		In working out	female juniors	Under 22			
10.	Open Asian Championship among veterans	In working out	men	Men 40 years old and older, women 35 years old and older	It will be certain additionally		December
		In working out	women				
		Second group. Sta	ges of the Wo	orld Cup, Cup of I	Europe ("Pro	fi")	
1.	World Cup 1 Stage	In working out	men	unlimited	Serbia	Belgrade	23 February
		In working out	women				
2.	World Cup 2 Stage	In working out	men	unlimited	Denmark	It will be certain additionally	8-10 March
<u>~·</u>		In working out	women				
3.	World Cup 3 Stage	In working out	men	unlimited	Russia	Saint Petersburg	May
		In working out	women				

## The calendar plan of sports events of IUKL for 2019

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4.	Open European Cup	In working out	men	unlimited	France	Paris	28-30 June
		In working out	women				
5.	World Cup 4 Stage	In working out	men	unlimited	It will be certain additionally		September- October
		In working out	women				
6.	World Cup Final	In working out	men	unlimited	Australia	Melbourne	December
0.		In working out	women				
	Third	group. Stages of the	World Grand	l Prix, European	Grand Prix ('	'Amateurs")	
1	World Grand Prix 1 Stage	In working out	men	unlimited	Serbia	Belgrade	23 February
1.		In working out	women				
2	World Grand Prix 2 Stage	In working out	men	unlimited	Denmark	It will be certain additionally	8-10 March
2.		In working out	women				
3.	World Grand Prix 3 Stage	In working out	men	unlimited	Russia	Saint Petersburg	May
3.		In working out	women				
4	Open European Grand Prix	In working out	men	unlimited	France	Paris	28-30 June
4.		In working out	women				
5.	World Grand Prix 4 Stage	In working out	men	unlimited	I		September-
5.		In working out	women	ummited	It will be certain additionally		Ôctober
6	World Grand Prix Final	In working out	men	unlimited	Australia	Melbourne	December
6.		In working out	women				
		Fourth gro	oup. Festival	s, contests, trainir	ng camps		
1.	International training camp "Amber Kettlebells"	Universal training with kettlebell	unlimited	unlimited	Latvia	Ventspils	July
2.	International training camp IKSA	Fitness & Kettlebell lifting	unlimited	unlimited	Latvia	Daugavpils	September- October
		0 1	,	ntific and methodo	0	,	
<u> </u>		udicial seminars, coach	ing seminars, s	sports forums, part	icipation in cor	ngresses	
1.	Seminar for instructors	Fitness & Kettlebell lifting	unlimited	unlimited	Latvia	Riga	March
2.	International seminar for judges	Kettlebell lifting	judges	From 18 years old	Germany	Stolberg	30 May – 2 June
3.	Seminar for instructors	Fitness, MMA	unlimited	unlimited	Estonia	Tallinn	August
4.	International seminar for judges	Kettlebell lifting	judges	From 18 years old	Serbia	Belgrade	November