

## Calendar plan of sports events of IUKL for 2023

No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
<b>First group - Rating competitions (Continental, World Championships, Cups)</b>								
1	<b>European Championship among Youth U-16/U-18, Juniors U-23, Adults</b>	Only athletes from the European region (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	younger boys	Under 16 <sup>1</sup>	Greece	Nafplio	April 20 – 24, 2023
				younger girls				
				older boys	Under 18 <sup>1</sup>			
				older girls				
				male juniors	Under 23 <sup>2</sup>			
				female juniors				
				male adults	unlimited			
	female adults							
<b>Open European Cup</b>	All athletes without continental restrictions (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	male	unlimited				
			female					
2	<b>Asian Championship among Youth U-16/U-18, Juniors U-23, Adults</b>	Only athletes from the Asian region (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	younger boys	Under 16 <sup>1</sup>	Kyrgyzstan	Bishkek	May 04 - 08, 2023
				younger girls				
				older boys	Under 18 <sup>1</sup>			
				older girls				
				male juniors	Under 23 <sup>2</sup>			
				female juniors				
				male adults	unlimited			
				female adults				
3	<b>World Championship in All-around among Juniors U-23, Adults</b>	All athletes without continental restrictions (professionals / amateurs)	All-around (Two arms Jerk + Snatch + Two arms LC) / Relay races (Jerk / LC) / Snatch-12	male juniors	Under 23 <sup>2</sup>	<i>Place will be assigned</i>	<i>Place will be assigned</i>	<i>June, 2023</i>
				female juniors				
				male adults	unlimited			
				female adults				
4	<b>Pan American Championship among Youth U-16/U-18, Juniors U-23, Adults</b>	Only athletes from the Americas region – North America, Caribbean region, Central America, South America (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	younger boys	Under 16 <sup>1</sup>	USA	<i>Place will be assigned</i>	<i>June - July, 2023</i>
				younger girls				
				older boys	Under 18 <sup>1</sup>			
				older girls				
				male juniors	Under 23 <sup>2</sup>			
				female juniors				
				male adults	unlimited			
	female adults							
	<b>Open Pan American Cup</b>	All athletes without continental restrictions (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	male	unlimited			
				female				

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
<b>First group - Rating competitions (Continental, World Championships, Cups)</b>								
5	<b>World Youth Championship U-16/U-18</b>	All young athletes without continental restrictions	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	younger boys	Under 16 <sup>1</sup>	<i>Place will be assigned</i>	<i>Place will be assigned</i>	<i>July, 2023</i>
				younger girls				
				older boys	Under 18 <sup>1</sup>			
				older girls				
	<b>World Cup</b>	All athletes without continental restrictions (professionals / amateurs)	male	unlimited				
female								
6	<b>Open Asian Cup</b>	All athletes without continental restrictions (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	male	unlimited	Taiwan	Taipei	August 25 - 28, 2023
				female				
7	<b>World Championship in Separate Disciplines among Juniors U-23, Adults</b>	All athletes without continental restrictions (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / Relay races (Jerk / LC)	male juniors	Under 23 <sup>2</sup>	Uzbekistan	Samarkand	October 18 - 23, 2023
				female juniors				
				male adults	unlimited			
				female adults				
8	<b>Oceania Area Championship among Youth U-16/U-18, Juniors U-23, Adults</b>	Only athletes from the Oceania region – Australasia, Melanesia, Micronesia, Polynesia (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	younger boys	Under 16 <sup>1</sup>	Australia	<i>Place will be assigned</i>	<i>November-December, 2022</i>
				younger girls				
				older boys	Under 18 <sup>1</sup>			
				older girls				
				male juniors	Under 23 <sup>2</sup>			
				female juniors				
				male adults	unlimited			
female adults								
9	<b>Open Oceania Area Cup</b>	All athletes without continental restrictions (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	male	unlimited			
				female				

<sup>1</sup> In the Youth groups U-16/U-18 (boys & girls) can participate athletes up to 16 years old (born in 2007 and younger) and up to 18 years old (born in 2005 and younger).

<sup>2</sup> In the Junior groups U-23 (male & female) can participate athletes up to 23 years old (born in 2000 and younger).

<sup>3</sup> In the Senior groups can participate female athletes from 35 years old (born in 1988 and later) and male athletes from 40 years old (born in 1983 and younger).

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
<b>Second group - Multisport competitions (Seniors Championships, Continental, World Games, Grand Prix)</b>								
1	<b>European Championship among Seniors</b>	Only athletes-seniors from the European region	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older <sup>3</sup>	Greece	Nafplio	April 20 – 24, 2023
				female seniors	35 and older <sup>3</sup>			
	<b>Open European Grand Prix</b>	All athletes without continental restrictions	<i>One arm jerk / Snatch-12 / One arm LC / Relay races (Jerk&amp;Snatch)</i>	male juniors	Under 23 <sup>2</sup>			
				female juniors				
				male adults	unlimited			
				female adults				
				male seniors	40 and older <sup>3</sup>			
				female seniors	35 and older <sup>3</sup>			
All Para-athletes without continental restrictions	<i>Determined individually</i>	male Para-athletes	unlimited					
female Para-athletes								
2	<b>Asian Championship among Seniors</b>	Only athletes-seniors from the Asian region	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older <sup>3</sup>	Kyrgyzstan	Bishkek	May 04 - 08, 2023
				female seniors	35 and older <sup>3</sup>			
3	<b>Pan American Championship among Seniors</b>	Only athletes-seniors from the Pan American region	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older <sup>3</sup>	USA	<i>Place will be assigned</i>	<i>June - July, 2023</i>
				female seniors	35 and older <sup>3</sup>			
	<b>Open Pan American Grand Prix</b>	All athletes without continental restrictions	<i>One arm jerk / Snatch-12 / One arm LC / Relay races (Jerk&amp;Snatch)</i>	male juniors	Under 23 <sup>2</sup>			
				female juniors				
				male adults	unlimited			
				female adults				
				male seniors	40 and older <sup>3</sup>			
				female seniors	35 and older <sup>3</sup>			
All Para-athletes without continental restrictions	<i>Determined individually</i>	male Para-athletes	unlimited					
female Para-athletes								
4	<b>World Youth Games</b>	All young athletes without continental restrictions	<i>One arm jerk / Snatch-12 / One arm LC / Relay races (Jerk&amp;Snatch)</i>	younger boys	Under 16 <sup>1</sup>	<i>Place will be assigned</i>	<i>Place will be assigned</i>	<i>July, 2023</i>
				younger girls				
				older boys	Under 18 <sup>1</sup>			
				older girls				
	<b>World Grand Prix</b>	All athletes without continental restrictions	<i>One arm jerk / Snatch-12 / One arm LC / Relay races (Jerk&amp;Snatch)</i>	male juniors	Under 23 <sup>2</sup>			
				female juniors				
				male adults	unlimited			
				female adults				
male seniors	40 and older <sup>3</sup>							
female seniors	35 and older <sup>3</sup>							
All Para-athletes without continental restrictions	<i>Determined individually</i>	male Para-athletes	unlimited					
female Para-athletes								

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
<b>Second group - Multisport competitions (Seniors Championships, Continental, World Games, Grand Prix)</b>								
1	<b>Open Asian Grand Prix</b>	All athletes without continental restrictions	<i>One arm jerk / Snatch-12 / One arm LC / Relay races (Jerk&amp;Snatch)</i>	male juniors	Under 23 <sup>2</sup>	Taiwan	Taipei	August 25 - 28, 2023
				female juniors				
				male adults	unlimited			
				female adults				
				male seniors	40 and older <sup>3</sup>			
		female seniors	35 and older <sup>3</sup>					
All Para-athletes without continental restrictions	<i>Determined individually</i>	male Para-athletes	unlimited					
		female Para-athletes						
5	<b>World Championship among Seniors</b>	All athletes-seniors without continental restrictions	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older <sup>3</sup>	Uzbekistan	Samarkand	October 18 - 23, 2023
				female seniors	35 and older <sup>3</sup>			
	All athletes without continental restrictions	<i>One arm jerk / Snatch-12 / One arm LC / Relay races (Jerk&amp;Snatch)</i>	male juniors	Under 23 <sup>2</sup>				
			female juniors					
			male adults	unlimited				
			female adults					
			male seniors	40 and older <sup>3</sup>				
			female seniors	35 and older <sup>3</sup>				
	All Para-athletes without continental restrictions	<i>Determined individually</i>	male Para-athletes	unlimited				
			female Para-athletes					
7	<b>Oceania Area Championship among Seniors</b>	Only athletes-seniors from the Oceania Area	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older <sup>3</sup>	Australia	<i>Place will be assigned</i>	<i>November-December, 2022</i>
				female seniors	35 and older <sup>3</sup>			
	All athletes without continental restrictions	<i>One arm jerk / Snatch-12 / One arm LC / Relay races (Jerk&amp;Snatch)</i>	male juniors	Under 23 <sup>2</sup>				
			female juniors					
			male adults	unlimited				
			female adults					
			male seniors	40 and older <sup>3</sup>				
			female seniors	35 and older <sup>3</sup>				
	All Para-athletes without continental restrictions	<i>Determined individually</i>	male Para-athletes	unlimited				
			female Para-athletes					

<sup>1</sup> In the Youth groups U-16/U-18 (boys & girls) can participate athletes up to 16 years old (born in 2007 and younger) and up to 18 years old (born in 2005 and younger).

<sup>2</sup> In the Junior groups U-23 (male & female) can participate athletes up to 23 years old (born in 2000 and younger).

<sup>3</sup> In the Senior groups can participate female athletes from 35 years old (born in 1988 and later) and male athletes from 40 years old (born in 1983 and younger).

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
<b>Third group – “Sport for All” competitions (Tournaments, festivals, contests)</b>								
2	Online tournament “Kettlebells for Everyone 2023”	All athletes without continental restrictions	Two arms Jerk / Snatch / Two arms LC / All-round / <i>One arm jerk / Snatch-12 / One arm LC</i>	male	up to 14 years old, ... extra open age group			December 2023
				female				
<b>Fourth group – Scientific, research and educational events (Conferences, seminars, workshops, training camps)</b>								
1	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	From 18 years old	Greece	Nafplio	April 20 – 24, 2023
2	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	From 18 years old	Uzbekistan	Samarkand	October 18 - 23, 2023
	International Seminar on Anti-Doping	Representatives of IUKL members without any restrictions	Kettlebell lifting	Members of IUKL	From 18 years old			