

BALTIC CHAMPIONSHIP OF KETTLEBELL LIFTING
10th of June, 2023
KAUNAS, LITHUANIA



TEAM POINTS

Country	TOTAL	PLACE	M -63 kg	M -68 kg	M -73 kg	M -78 kg	M -85 kg	M -95 kg	M +95 kg	F -58 kg	F -63 kg	F -68 kg	F +68 kg
Lithuania	34	1	2	4	4	1	2	4	4	4	4	3	2
Latvia	29	2	4	3	3	2	1	2	3	1	2	4	4
Estonia	22	3	3	2	1	4	4	3	0	2	0	0	3
Poland	16	4	0	0	2	3	3	1	0	3	3	0	1

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Latvia	Males -63 kg	24 kg	1	(LAT) Pavels Krasovskis	22	22	1	1	4
Estonia	Males -63 kg	24 kg	1	(EST) Nikita Koverda	17	17	2	2	3
Lithuania	Males -63 kg	24 kg	1	(LTU) Deividas Girskis	7	7	3	3	2
Poland	Males -63 kg	-	-	-	n/a	n/a	n/a	n/a	0

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Lithuania	Males -68 kg	32 kg	2	(LTU) Matas Čepulis	25	50	1	1	4
Latvia	Males -68 kg	24 kg	1	(LAT) Nikita Tīrelis	24	24	2	2	3
Estonia	Males -68 kg	24 kg	1	(EST) Roman Kattai	12	12	3	3	2
Poland	Males -68 kg	-	-	-	n/a	n/a	n/a	n/a	0

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Lithuania	Males -73 kg	24 kg	1	(LTU) Povilas Kačinskis	80	80	1	1	4
Latvia	Males -73 kg	24 kg	1	(LAT) Arturs Taņčins	70	70	2	2	3
Poland	Males -73 kg	24 kg	1	(POL) Mateusz Muczyński	70	70	3	3	2
Estonia	Males -73 kg	24 kg	1	(EST) Hilar Udevald	16	16	4	4	1

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Estonia	Males -78 kg	24 kg	1	(EST) Aimar Romet	74	74	1	1	4
Poland	Males -78 kg	24 kg	1	(POL) Dzmitry Khaplanik	70	70	2	2	3
Latvia	Males -78 kg	24 kg	1	(LAT) Igors Žemčugovs	49	49	3	3	2
Lithuania	Males -78 kg	32 kg	2	(LTU) Ignas Repečka	21	42	4	4	1

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Estonia	Males -85 kg	24 kg	1	(EST) Andres Metjer	90	90	1	1	4
Poland	Males -85 kg	24 kg	1	(POL) Łukasz Dedura	81	81	2	2	3
Lithuania	Males -85 kg	24 kg	1	(LTU) Justas Optas	72	72	3	3	2
Latvia	Males -85 kg	24 kg	1	(LAT) Dāvis Jermacāns	55	55	4	4	1

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Lithuania	Males -95 kg	32 kg	2	(LTU) Romualdas Vaičiūnas	75	150	1	1	4
Estonia	Males -95 kg	32 kg	2	(EST) Kuldar Kark	55	110	2	2	3
Latvia	Males -95 kg	24 kg	1	(LAT) Edgars Getmaņčuks	70	70	3	3	2
Poland	Males -95 kg	24 kg	1	(POL) Jakub Werner	48	48	4	4	1

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Lithuania	Males +95 kg	32 kg	2	(LTU) Dangiras Lukošius	61	122	1	1	4
Latvia	Males +95 kg	24 kg	1	(LAT) Vasīlijs Giņko	91	91	2	2	3
Estonia	Males +95 kg	32 kg	2	(EST) Ainar Aruvali	DNS	DNS	DNS	DNS	0
Poland	Males +95 kg			-		0		n/a	0

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Country	Weight category	KB weight	KB - factor (24 kg x 2; 16 kg x 1)	Name, Surname	1-arm Long Cycle (Reps)	1-arm Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Lithuania	Females -58 kg	16 kg	1	(LTU) Kotryna Vicoskaitė	140	140	1	1	4
Poland	Females -58 kg	24 kg	2	(POL) Magdalena Oklińska	66	132	2	2	3
Estonia	Females -58 kg	16 kg	1	(EST) Laura Kallas	127	127	3	3	2
Latvia	Females -58 kg	16 kg	1	(LAT) Greta Kopilova	85	85	4	4	1

Country	Weight category	KB weight	KB - factor (24 kg x 2; 16 kg x 1)	Name, Surname	1-arm Long Cycle (Reps)	1-arm Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Lithuania	Females -63 kg	16 kg	1	(LTU) Gabrielė Kuršaitytė	134	134	1	1	4
Poland	Females -63 kg	16 kg	1	(POL) Agnieszka Dera	126	126	2	2	3
Latvia	Females -63 kg	24 kg	2	(LAT) Ludmilla Jadjalo	19	38	3	3	2
Estonia	Females -63 kg			-		0		n/a	0

Country	Weight category	KB weight	KB - factor (24 kg x 2; 16 kg x 1)	Name, Surname	1-arm Long Cycle (Reps)	1-arm Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Latvia	Females -68 kg	16 kg	1	(LAT) Anda Sprinģe	132	132	1	1	4
Lithuania	Females -68 kg	16 kg	1	(LTU) Danutė Šalkauskaitė	124	124	2	2	3
Estonia	Females -68 kg			-		0		n/a	0
Poland	Females -68 kg			-		0		n/a	0

Country	Weight category	KB weight	KB - factor (24 kg x 2; 16 kg x 1)	Name, Surname	1-arm Long Cycle (Reps)	1-arm Long Cycle (Points)	Place in weight category	PLACE in the FINAL	POINTS for Team
Latvia	Females +68 kg	16 kg	1	(LAT) Diāna Bulaša	118	118	1	1	4
Estonia	Females +68 kg	16 kg	1	(EST) Karmel Teder	117	117	2	2	3
Lithuania	Females +68 kg	16 kg	1	(LTU) Ugnė Tamoševičiūtė	101	101	3	3	2
Poland	Females +68 kg	16 kg	1	(POL) Aleksandra Mamos-Budzyńska	100	100	4	4	1

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Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Relay	PLACE in the FINAL
Poland	Males -73 kg	24 kg	1	(POL) Mateusz Muczyński	38	38	137	4
Poland	Males -78 kg	24 kg	1	(POL) Dzmitry Khaplanik	41	41	137	4
Poland	Males -85 kg	24 kg	1	(POL) Łukasz Dedura	24	24	137	4
Poland	Males -95 kg	24 kg	1	(POL) Jakub Werner	34	34	137	4

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL
Lithuania	Males -78 kg	32 kg	2	(LTU) Justas Optas	27	54	258	1
Lithuania	Males -85 kg	32 kg	2	(LTU) Artūras Balnionis	34	68	258	1
Lithuania	Males -95 kg	32 kg	2	(LTU) Julius Optas	32	64	258	1
Lithuania	Males +95 kg	32 kg	2	(LTU) Dangiras Lukošius	36	72	258	1

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL
Latvia	Males +95 kg	32 kg	2	(LAT) Vladislavs Voitehovičs	22	44	182	2
Latvia	Males +95 kg	32 kg	2	(LAT) Alvis Makejevs	17	34	182	2
Latvia	Males -95 kg	32 kg	2	(LAT) Edgars Getmaņčuks	24	48	182	2
Latvia	Males +95 kg	32 kg	2	(LAT) Vasīlijs Giņko	28	56	182	2

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Place in weight category	PLACE in the FINAL
Estonia	Males -63 kg	24 kg	1	(EST) Nikita Koverda	18	18	162	3
Estonia	Males -78 kg	24 kg	1	(EST) Aimar Romet	38	38	162	3
Estonia	Males -85 kg	24 kg	1	(EST) Andres Metjer	38	38	162	3
Estonia	Males -95 kg	32 kg	2	(EST) Kuldar Kark	34	68	162	3

Country	Weight category	KB weight	KB - factor (32 kg x 2; 24 kg x 1)	Name, Surname	2-arms Long Cycle (Reps)	2-arms Long Cycle (Points)	Relay	PLACE in the FINAL
Poland	Males -73 kg	24 kg	1	(POL) Mateusz Muczyński	38	38	137	4
Poland	Males -78 kg	24 kg	1	(POL) Dzmitry Khaplanik	41	41	137	4
Poland	Males -85 kg	24 kg	1	(POL) Łukasz Dedura	24	24	137	4
Poland	Males -95 kg	24 kg	1	(POL) Jakub Werner	34	34	137	4