Calendar plan of sports events of IUKL for 2023

(5 edition)

No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates				
	First group - Rating competitions (Continental, World Championships, Cups)											
)	1	1					
	European Championship		Two arms Jerk / Snatch / Two arms LC /	younger boys	Under 16 ¹							
				younger girls								
		Only athletes	All-around /	older boys	Under 18 ¹							
	among	from the European region	Relay races (Jerk / LC)	older girls								
	Youth U-16/U-18,	(professionals / amateurs)		male juniors	Under 23 ²			April				
1	Juniors U-23,	,	Two arms Jerk / Snatch /	female juniors		Greece	Nafalio	20 - 24,				
1 1	Adults		Two arms LC /	male adults	unlimited	Greece	Nafplio	2023				
			Snatch-12 /	female adults				2025				
	Open European Cup	All athletes without continental restrictions (professionals / amateurs)	Biathlon / All-around / Relay races (Jerk / LC)	male	12 % 1							
				female	unlimited							
	Asian Championship among Youth U-16/U-18, Juniors U-23, Adults	Only athletes from the Asian region (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / Biathlon / All-around / Relay races (Jerk / LC)	younger boys	Under 16 ¹							
				younger girls	Officer 10							
				older boys	Under 18 ¹			May				
2				older girls	Officer 18	Kyrgyzstan	an Bishkek	04 - 08, 2023				
				male juniors	Under 23 ²	- KyrgyZstan	DISTIRCK					
				female juniors	Officer 23							
				male adults	unlimited							
				female adults	ummited							
		Only othloto		younger boys	Under 16 ¹		an Bishkek					
	Pan American	from the Americas region – North America, Caribbean region, Central America		younger girls	Officer 10							
	Championship			older boys	Under 18 ¹			June 16 - 18, 2023				
	among			older girls	Officer 16	j						
	Youth U-16/U-18,		Two arms Jerk / Snatch /	male juniors	Under 23 ²		7 77					
3	Juniors U-23,		Two arms LC /	female juniors	Olider 23	USA	Las Vegas,					
	Adults		All-around / Relay races (Jerk / LC)	male adults	unlimited		NV					
				female adults	ummica							
	Open	All athletes without continental restrictions		male	unlimited							
	PanAmerican Cup	(professionals / amateurs)		female	ammica							

¹ In the Youth groups U-16/U-18 (boys & girls) can participate athletes up to 16 years old (born in 2007 and younger) and up to 18 years old (born in 2005 and younger).

² In the Junior groups U-23 (male & female) can participate athletes up to 23 years old (born in 2000 and younger).

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No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates			
	First group - Rating competitions (Continental, World Championships, Cups)										
4	Open	All athletes without continental restrictions	Two arms Jerk / Snatch / Two arms LC /	male	unlimited	Taiwan	T	August 25 - 28,			
4	Asian Cup	(professionals / amateurs)	All-around / Relay races (Jerk / LC)	female	ummmed	Taiwaii	Taipei	2023			
	World			younger boys younger girls	Under 16 ¹						
	Championship in Separate		T	older boys	1	_	Khiva				
	Disciplines	All athletes	Two arms Jerk / Snatch /	older girls	Under 18 ¹			September 7 – 12, 2023			
5	& Biathlon	without continental restrictions	Two arms LC /	male juniors	Under 23 ²	Uzbekistan					
	among	(professionals / amateurs)	Biathlon /	female juniors	Officer 23						
	Youth U-16/U-18,		Relay races (Jerk / LC)	male adults							
	Juniors U-23, Adults			female adults	unlimited						
	Oceania Area	Only athlets	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	younger boys younger girls	Under 16 ¹						
	Championship	from the Oceania region –		older boys	Under 18 ¹			November 17-19,			
6	among	Australasia, Melanesia, Micronesia, Polynesia (professionals / amateurs)		older girls							
	Youth U-16/U-18, Juniors U-23, Adults			male juniors	Under 23 ²						
				female juniors male adults		Australia	a Melbourne				
				female adults	unlimited			2023			
7	Open Oceania Area Cup	All athletes without continental restrictions (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	male							
7				female	unlimited						
	World Championship in Snatch-12 & All-around among Youth U-16/U-18, Juniors U-23, Adults	All-around among th U-16/U-18, uniors U-23, Ampionship All athletes without continental restrictions (professionals / amateurs)	ntal restrictions (Two arms Jerk + Snatch +	male juniors	- Under 23 ²						
				female juniors				December			
8				male adults		Latvia	Rezekne	7 - 10, 2023			
				female adults	unlimited	11.4 : 200		2023			

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Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
-		Second group - Mult	isport competitions	,			
	(Seniors Champ	oionships, Continental,	Regional, World Gar	nes, Grand Prix	(x)		
European Championship	Only athletes-seniors from the European region	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older ³			
among Seniors			female seniors	35 and older ³			
			younger boys younger girls	Under 16 ¹			
		One arm jerk / Snatch-12 /	older boys older girls	Under 18 ¹			April
Onen Euronean	without continental	One arm LC/	male juniors	Under 23 ²	Greece	Nafplio	20 - 24, 2023
Grand Prix	restrictions	(Jerk&Snatch)/ Mixed relay	male adults	unlimited			
				40 and older ³			
			female seniors				
	All Para-athletes without continental restrictions	Determined individually	male Para-athletes	unlimited			
			female Para-athletes				
Asian Championship among Seniors	Only athletes-seniors from the Asian region	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older ³	- Kyrgyzstan	Bishkek	May 04 - 08, 2023
			female seniors	35 and older ³			
Pan American Championship among Seniors	Only athletes-seniors from the Americas region	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older ³			
			female seniors	35 and older ³			
			younger boys younger girls	Under 16 ¹			
		One arm jerk / Snatch-12 /	older boys older girls	Under 18 ¹		Las Vagas	June
Open Pan American		One arm LC / Relay races	male juniors	Under 23 ²	USA	NV NV	16 - 18, 2023
Grand Prix		(Jerk&Snatch)/ Mixed relay	male adults	unlimited			
			male seniors	40 and older ³			
			female seniors	35 and older ³			
	All Para-athletes without	Determined individually	male Para-athletes	unlimited			
	European Championship among Seniors Open European Grand Prix Asian Championship among Seniors Pan American Championship among Seniors Open Pan American	European Championship among Seniors Open European Grand Prix All athletes without continental restrictions Asian Championship among Seniors Pan American Championship among Seniors Open Pan American Grand Prix Open Pan American Grand Prix Open Pan American Grand Prix All athletes without continental restrictions Asian Championship among Seniors Asian Championship among Seniors All athletes-seniors from the Americas region All athletes without continental restrictions	Concept Continental	Composition Composition	Second group - Multisport competitions (Seniors Championships, Continental, Regional, World Games, Grand Prix Two arms Let/ All-round / Championship among Seniors Only athletes-seniors from the European region Two arms Let/ All-round / Championship among Seniors All athletes without continental restrictions One arm Jerk / Snatch-12 / All-round / Snatch-12 / One arm Jerk / Snatch-12 / One arm LC / Relay races (Jerk / LC) One arm Jerk / Snatch-12 / One arm Jerk / Snatch-12 / One arm LC / Relay races (Jerk / LC) One arm Jerk / Snatch-12 / One arm LC / Relay races (Jerk / LC) One arm Jerk / Snatch-12 / One arm LC / Relay races (Jerk / LC) One arm Jerk / Snatch-12 / One arm LC / Relay races (Jerk / LC) One arm Jerk / Snatch-12 / One arm Jerk / Snatch-12 / One arm LC / Relay races (Jerk / LC) One arm Jerk / Snatch-12 / One arm LC / Relay races (Jerk / LC) One arm Jerk / Snatch-12 / One arm LC / Relay races (Jerk / LC) One arm Jerk / Snatch-12 / One arm LC / Relay races (Jerk / LC) One arm Jerk / Snatch-12 / One arm LC / Relay races /	Second group - Multisport competitions (Seniors Championships, Continental, Regional, World Games, Grand Prix)	Ceniors Championship among Seniors Conjugatile tesseniors from the European region Conjugatile tesseniors from the European region Conjugatile tesseniors from the European region Conjugatile tesseniors Conjuga

In the Youth groups U-16/U-18 (boys & girls) can participate athletes up to 16 years old (born in 2007 and younger) and up to 18 years old (born in 2005 and younger).

In the Youth groups U-16/U-18 (boys & girls) can participate athletes up to 16 years old (born in 2007 and younger) and up to 18 years old (born in 2005 and younger).

In the Senior groups can participate female athletes from 35 years old (born in 1988 and later) and male athletes from 40 years old (born in 1983 and younger).

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No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
		<u> </u>	Second group - Mult					
		(Seniors Champ	pionships, Continental,	Regional, World Gar	nes, Grand Prix	<u>:)</u>		
			Two arms Jerk / Snatch / Two arms LC / All-round /	younger boys	Under 16 ¹			
				younger girls	Chidel 10			
			Relay races (Jerk / LC)	older boys	Under 18 ¹			
		All athletes	Relay faces (serk / Ee)	older girls	Chider 10			
		without continental	One arm jerk/	male juniors	Under 23 ²		Sofia	
	1st stage	restrictions	Snatch-12 /	female juniors	Chaci 25			July
4	of the		One arm LC /	male adults	unlimited	Bulgaria	Sofia	7 - 9, 2023
	Balkan Open		Relay races	female adults		C		
			(Jerk&Snatch)/ Mixed relay	male seniors	40 and older ³			
				female seniors	35 and older ³			
		All Para-athletes without continental restrictions	Determined individually	male Para-athletes	unlimited			
				female Para-athletes				
		All athletes without continental restrictions		younger boys	Under 16 ¹			
				younger girls				
			One arm jerk/	older boys	Under 18 ¹ Under 23 ²			1
			Snatch-12 / One arm LC /	older girls				
				male juniors				
			Relay races	female juniors	Officer 23			August 25 - 28,
5	Open Asian		(Jerk&Snatch)/	male adults	unlimited	Taiwan	Taipei	
	Grand Prix		Mixed relay	female adults		1 al Wall	raiper	2023
		All Para-athletes without Determined continental restrictions individually		male seniors	40 and older ³			2023
				female seniors	35 and older ³			
			Determined	male Para-athletes	unlimited			
			individually	female Para-athletes				

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No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates	
			Second group - Mult						
		(Seniors C	hampionships, Contine	ntal, World Games, (Grand Prix)				
	World Championship	All athletes-seniors without continental restrictions	Two arms Jerk / Snatch / Two arms LC / Biathlon / Relay races (Jerk / LC)	male seniors	40 and older ³				
	among Seniors			female seniors	35 and older ³				
				younger boys	Under 16 ¹				
				younger girls	Under 16				
			One arm jerk/	older boys	II da 10 l				
	World Games		Snatch-12 /	older girls	Under 18 ¹		Khiva	September	
6		All athletes	One arm LC/	male juniors	H. 1 22 2	Uzbekistan		7 – 12, 2023	
	among Youth U-16/U-18,	without continental restrictions	Relay races (Jerk&Snatch)/ Mixed relay	female juniors	Under 23 ²	2200111001111			
	Juniors U-23, Adults, Seniors	restrictions		male adults	unlimited				
				female adults					
				male seniors	40 and older ³				
				female seniors	35 and older ³				
		All Para-athletes without continental restrictions	Determined individually	male Para-athletes	unlimited				
				female Para-athletes	ummined				
	Oceania Area Championship	Only athletes-seniors from the Oceania region		Two arms LC /	male seniors	40 and older ³			
	among Seniors			female seniors	35 and older ³	_			
			One arm jerk /	younger boys younger girls	Under 16 ¹				
				older boys				November 17-	
			Snatch-12 /	older girls	Under 18 ¹				
7		All athletes	One arm LC/	male juniors	11122.2	Australia	Melbourne	19,	
	Open Oceania Area	without continental restrictions	Relay races	female juniors	Under 23 ²			2023	
	Grand Prix	restrictions	(Jerk&Snatch)/	male adults	unlimited	-			
			Mixed relay	female adults					
				male seniors	40 and older ³				
				female seniors	35 and older ³				
		All Para-athletes without	Determined	male Para-athletes	unlimited				
	7 1 Y 1 Y 1 O 7 1 O 7	continental restrictions	individually	female Para-athletes	diffiffica	11.4			

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² In the Junior groups U-23 (male & female) can participate athletes up to 23 years old (born in 2000 and younger).

³ In the Senior groups can participate female athletes from 35 years old (born in 1988 and later) and male athletes from 40 years old (born in 1983 and younger).

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates			
	Third group – "Sport for All" competitions (Tournaments, festivals, contests)										
1	Open Cup of Bulgaria	All athletes without continental restrictions	Exercise time only 5 minutes - Two arms Jerk / Snatch /	male	- unlimited	Bulgaria	Sofia	July 7 - 9,			
1			Two arms LC / One arm jerk / One arm LC	female				2023			
2	Online tournament "Kettlebells for Everyone	All athletes without continental	Two arms Jerk / Snatch / Two arms LC / All-round /	male	up to 14 years old, extra open age group	Online		December 2023			
2	2023"	restrictions	One arm jerk / Snatch-12 / One arm LC	female							
			group – Scientific, rese								
		·	nferences, seminars, wo	orkshops, training car	mps)			A '1			
1	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	From 18 years old	Greece	Nafplio	April 20 – 24, 2023			
2	International referee seminar	Representatives of IUKL members without any restrictions		judges	From 18 years old	Uzbekistan	Vhisso	September			
2	International Seminar on Anti-Doping	Representatives of IUKL members without any restrictions	Kettlebell lifting	Members of IUKL	From 18 years old	UZDEKISIAN	Khiva	7 – 12, 2023			

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