Calendar plan of sports events of IUKL for 2024

No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
			First group - Rati					
			(Continental, World C)			
	European Championship			younger boys	Under 16 ¹			
				younger girls				
		Only athletes	Two arms Jerk / Snatch /	older boys	Under 18 ¹			
	among	from the European region	Two arms LC / Snatch-12 / Biathlon / All-around /	older girls				
	Youth U-16/U-18,	(professionals / amateurs)	Relay races (Jerk / LC)	male juniors female juniors	Under 23 ²			April
1	Juniors U-23,		Kelay faces (Jerk / LC)	male adults		France	Paris	17 - 21,
	Adults			female adults	unlimited			2024
_		All athletes	Two arms Jerk / Snatch /					
	Open	without continental	Two arms LC / Snatch-12 /	male	1 1			
	European Cup	restrictions	Biathlon / All-around /	female	unlimited			
		(professionals / amateurs)	Relay races (Jerk / LC)	Temale				
	Asian Championship among	Only athletes	Two arms Jerk / Snatch / Two arms LC / Snatch-12 / Biathlon / All-around / Relay races (Jerk / LC)	younger boys	Under 16 ¹			
				younger girls	Older 10	1		May 25–30,
				older boys	Under 18 ¹		New Taipei	
	Youth U-16/U-18,			older girls				
	Juniors U-23, Adults			male juniors	Under 23 ²	- Taiwan		
2				female juniors male adults	unlimited			
				female adults				2024
		All athletes	Two arms Jerk / Snatch /					
	Open	without continental	Two arms LC / Snatch-12 /	male	unlimited			
	Asian Cup	restrictions	Biathlon / All-around /	C 1				
		(professionals / amateurs)	Relay races (Jerk / LC)	female				
				younger boys	Under 16 ¹	- - - USA	Ann Arbor, Michigan	June 21-23,
	Pan American	Only athlets from the Americas region –		younger girls	Under 10			
	Championship	North America,	Two arms Jerk / Snatch /	older boys	Under 18 ¹			
	among	Caribbean region,	Two arms LC / Snatch-12 /	older girls	Onder 10			
	Youth U-16/U-18,	Central America,	Biathlon / All-around /	male juniors	Under 23 ²			
3	Juniors U-23, Adults	U-23, South America	Relay races (Jerk / LC)	female juniors	unlimited			
				male adults female adults				2024
_		All athletes	Two arms Jerk / Snatch /					
	Open		Den without continental Two arms I.C. / Spotch	Two arms LC / Snatch-12 /	male			
	Pan American	restrictions	Biathlon / All-around /	unlimited	unlimited			
	Cup	(professionals / amateurs)	Relay races (Jerk / LC)	female				

¹ In the Youth groups U-16/U-18 (boys & girls) can participate athletes up to 16 years old (born in 2008 and younger) and up to 18 years old (born in 2006 and younger). ² In the Junior groups U-23 (male & female) can participate athletes up to 23 years old (born in 2001 and younger).

³ In the Senior groups can participate female athletes from 35 years old (born in 1989 and later) and male athletes from 40 years old (born in 1984 and younger).

IUKL calendar plan 2024

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
			First group - Rati (Continental, World C	U)			
	World Championship		<u>Major medals:</u> Two arms Jerk / Snatch /	younger boys younger girls	Under 16 ¹			
	in Separate Disciplines among		Two arms LC / Snatch-12 / Small medals:	older boys older girls	Under 18 ¹			
4	Youth U-16/U-18, Juniors U-23	All athletes without continental	Biathlon / All-around / Relay races (Jerk / LC)	male juniors female juniors	Under 23 ²	Vanagaratan	Chalman Ata	August
4	World Championship in Biathlon & (professionals / amateurs)	<u>Major medals:</u> Biathlon / All-around / Relay races (Jerk / LC)	male adults		Kyrgyzstan	Cholpon-Ata	21 - 26, 2024	
	All-around among Adults	All-around	<u>Small medals:</u> Two arms Jerk / Snatch / Two arms LC / Snatch-12	female adults	unlimited			
	World Championship	All athletes without continental restrictions (professionals / amateurs)	<u>Major medals:</u> Biathlon / All-around /	younger boys younger girls	Under 16 ¹	- Greece	Korfu	
	in Biathlon & All-around among Youth U-16/U-18, Juniors U-23		Relay races (Jerk / LC)Small medals:Two arms Jerk / Snatch /Two arms LC / Snatch-12Major medals:Two arms Jerk / Snatch /Two arms LC / Snatch /Two arms LC / Snatch /	older boys older girls	Under 18 ⁻¹			October 10 - 14,
5				male juniors female juniors	Under 23 ²			
5	World Championship in Separate Disciplines among Adults			male adults	unlimited		Konu	2024
			<u>Small medals:</u> Biathlon / All-around / Relay races (Jerk / LC)	female adults				
	Oceania Area	Only athlets		younger boys younger girls	Under 16 ¹		Place will be	November,
6	Championship among Youth U-16/U-18, Juniors U-23, Adults	from the Oceania region – Australasia, Melanesia, Micronesia, Polynesia (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / Snatch-12 /	older boys older girls	Under 18 ¹	-		
0			Biathlon / All-around / Relay races (Jerk / LC)	male juniors female juniors	Under 23 ²			
				male adults female adults	unlimited	Australia	assigned	2024
_	Open Oceania Area without co Cup restric	All athletes without continental	Two arms Jerk / Snatch / Two arms LC / Snatch-12 /	male	unlimited			
7		restrictions (professionals / amateurs)	Biathlon / All-around / Relay races (Jerk / LC)	female				

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
		(Seniors Ch	Second group - Mult ampionships, Continental,		nes, Grand Prix)		
	European		Two arms Jerk / Snatch / Two arms LC / Snatch-12 / Biathlon / All-around / Relay races (Jerk / LC)	male seniors	40 and older ³			
	Championship among Seniors	from the European region		female seniors	35 and older ³			
				younger boys younger girls	Under 16 ¹			
			One arm jerk / One arm LC / Relay races (Jerk&Snatch) / Mixed relay	older boys older girls	Under 18 ¹		Paris	April
1	Onen European	All athletes without continental		male juniors female juniors	Under 23 ²	France		17 - 21, 2024
	Open European Grand Prix	restrictions		male adults female adults	unlimited			
				male seniors female seniors	$\frac{40 \text{ and older }^3}{35 \text{ and older }^3}$			
		All Para-athletes without	Determined	male Para-athletes	unlimited			
		continental restrictions	individually	female Para-athletes				
	Asian Championship	Only athletes-seniors from the Asian region	Two arms Jerk / Snatch / Two arms LC / Snatch-12 /	male seniors	40 and older ³			
	among Seniors		Biathlon / All-around / Relay races (Jerk / LC)	female seniors	35 and older ³	-		
			One arm jerk / One arm LC / Relay races (Jerk&Snatch) /	younger boys younger girls	Under 16 ¹			
				older boys older girls	Under 18 ¹			May
2	Open Asian Grand Prix			male juniors female juniors	Under 23 ²	Taiwan	New Taipei	25–30, 2024
			Mixed relay	male adults female adults	unlimited			
				male seniors	40 and older ³			
				female seniors	35 and older ³			
		All Para-athletes withoutDeterminedcontinental restrictionsindividually	Determined individually	male Para-athletes	unlimited			

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
			Second group - Mult	-				
		(Seniors Ch	ampionships, Continental,	Regional, World Gar	nes, Grand Prix	x)		
	Pan American Championship among Seniors	Only others conjord	Two arms Jerk / Snatch / Two arms LC / Snatch-12 / Biathlon / All-around / Relay races (Jerk / LC)	male seniors	40 and older 3			
		from the Americas region		female seniors	35 and older 3			
				younger boys younger girls	Under 16 ¹			
2			One arm jerk /	older boys older girls	Under 18 ¹		Ann Arbor, Michigan	June
3		All athletes without continental	One arm LC /	male juniors	Under 23 ²	USA		21-23, 2024
	Open Pan American	restrictions	Mixed relay	female juniors	Under 23 ²			
	Grand Prix	restrictions		male adults	unlimited			
	-			female adults	ummited			
				male seniors	40 and older ³	-		
				female seniors	35 and older ³			
		All Para-athletes without	Determined	male Para-athletes	unlimited			
		continental restrictions	individually	female Para-athletes	ummited			
	World Championship in Biathlon & All-around among Seniors	All athletes-seniors without continental restrictions	<u>Major medals:</u> Biathlon / All-around / Relay races (Jerk / LC) <u>Small medals:</u> Two arms Jerk / Snatch / Two arms LC / Snatch-12	male seniors	40 and older ³		Cholpon-Ata	
				female seniors	35 and older ³			
				younger boys	Under 16 ¹			
				younger girls				
				older boys	II 1 101			August
4			One arm jerk /	older girls	Under 18 ¹	nder 23 ² nlimited and older ³ and older ³		21 - 26,
		All athletes	One arm LC /	male juniors				2024
		without continental	Relay races (Jerk&Snatch) /	female juniors	Under 23 ⁻²			
	World Games	restrictions	Mixed relay	male adults	unlimited			
			-	female adults				
				male seniors	40 and older ³			
				female seniors	35 and older ³			
		All Para-athletes without	Determined	male Para-athletes				
		continental restrictions	individually	female Para-athletes	unlimited			
		continental restrictions	inur iuminy	ionnale r ala-aunietes				

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
			Second group - Mult					
		(Senior	s Championships, Contine	ntal, World Games, (Grand Prix)			
	World Championship in Separate	Senarate All athletes-seniors	<u>Major medals:</u> Two arms Jerk / Snatch / Two arms LC / Snatch-12	male seniors	40 and older 3			
	Disciplines among Seniors	without continental restrictions	<u>Small medals:</u> Biathlon / All-around / Relay races (Jerk / LC)	female seniors	35 and older ³			
				younger boys				
				younger girls	Under 16 ¹			
				older boys	U 1 101	Greece	Korfu	October 10 - 14,
5	World Grand Prix	All athletes without continental restrictions	One arm jerk / One arm LC / Relay races (Jerk&Snatch) / Mixed relay	older girls	Under 18 ¹			
				male juniors	Under 23 ² unlimited			2024
				female juniors				
				male adults				
				female adults				
		All Para-athletes without		male seniors	40 and older ³			
				female seniors	35 and older ³			
			Determined	male Para-athletes	unlimited			
		continental restrictions	individually	female Para-athletes	ummited			
	Oceania Area Champ among Seniors	Only athletes-seniors from the Oceania region	Two arms Jerk / Snatch / Two arms LC / Snatch-12 / Biathlon / All-around / Relay races (Jerk / LC)	male seniors	40 and older 3		Place will be assigned	
				female seniors	35 and older ³			
				younger boys	Under 16 ¹			
				younger girls	Older 10	Australia		
				older boys	Under 18 ¹			
6		All athletes	One arm jerk /	older girls				November,
0		without continental	One arm LC / Relay races (Jerk&Snatch) /	male juniors female juniors	Under 23 ²			2024
	Open Oceania Area		Mixed relay	male adults	unlimited			
	Grand Prix		11111Cu 1014y	female adults				
				male seniors	40 and older ³			
				female seniors	35 and older ³			
		All Para-athletes without	Determined	male Para-athletes	1:			
		continental restrictions	individually	female Para-athletes	unlimited			

No	Name of the sports event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
•			Third group – "Sport	-	5			
			(Tournaments, fe	stivals, contests)			1	
1	Baltic States		Jerk /	male adults	unlimited	Latvia	Vilani	July 6,
1	Championship	from the Baltic Sea region	Relay races (Jerk)	female adults	ummited	Latvia	viiaiii	2023
			Two arms Jerk / Snatch /	male juniors				
			Two arms LC /All-round /	female juniors	Under 23 ²			
		All athletes	Relay races (Jerk / LC)	male adults	unlimited			Contouchou
2		without continental	One arm jerk / Snatch-12 /	female adults	unlimited	C 1'	Donji Tovarnik	September
2	Open Balkan Cup	restrictions	One arm LC / Mixed relay	male seniors	40 and older ³	Serbia		28-29,
			Relay races (Jerk&Snatch)	female seniors	35 and older ³			2024
		All Para-athletes without	Determined	male Para-athletes	unlimited			
		continental restrictions	individually	female Para-athletes	unlimited			
	Monthly Online International Cup			younger boys	Under 16 ¹			
		without continental	12 different exercises in 12 months	younger girls	Under 10			
				older boys	Under 18 ¹	Online		Monthly, 2024
				older girls	Under 18			
3				male juniors	Under 23 ² unlimited			
5				female juniors		events		
				male adults				
				female adults				
				male seniors	40 and older ³			
				female seniors	35 and older ³			
			irth group – Scientific, reso					
			Conferences, seminars, wo	orkshops, training ca	mps)			
1	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	From 18 years old	Variation	Chalman Ata	August
	International Seminar on Anti-Doping	Representatives of IUKL members without any restrictions	Kettlebell lifting	Members of IUKL	From 18 years old	Kyrgyzstan	Cholpon-Ata	21 - 26, 2024
2	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	From 18 years old	Greece	Korfu	October 10 - 14,
2	International Seminar on Anti-Doping	Representatives of IUKL members without any restrictions	Kettlebell lifting	Members of IUKL	From 18 years old	Greece	Konu	2024