



BALTIC CHAMPIONSHIP OF KETTLEBELL LIFTING
11th of July, 2026
KAUNAS, LITHUANIA



MALE

Athlete's Name and Surname	Team	KB weight	Biathlon				Total points	Final place	Team points
			2-arms Jerk		Snatch				
			Reps	Points	Reps	Points			
	Weight category 63 kg								
Eimantas Šonas	Lithuania	24	56	112	83	83	195	2	2
Ainārs Dokāns	Latvia	24	55	110	111	111	221	1	3
	Weight category 68 kg								
Edvinas Baltrušis	Lithuania	24	46	92	61	61	153	2	2
Jānis Dokāns	Latvia	32	41	164	78	156	320	1	3
Heini Lein	Estonia	24	26	52	92	92	144	3	1
	Weight category 73 kg								
Povilas Kačinskas	Lithuania	32	37	148	77	154	302	1	3
Edgars Balunovs	Latvia	24	9	18	65	65	83	3	1
Aimar Romet	Estonia	24	66	132	112	112	244	2	2
	Weight category 78 kg								
Kajus Kontrimas	Lithuania	24	51	102	79	79	181	2	2
Deniss Grebecs	Latvia	24	23	46	107	107	153	3	1
Edvard Lall	Estonia	32	54	216	113	226	442	1	3

Chief referee

Rolandas Kubilius

Head secretary

Tomas Miežlaiškis



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Athlete's Name and Surname	Team	KB weight	Biathlon				Total points	Final place	Team points
			2-arms Jerk		Snatch				
			Reps	Points	Reps	Points			
	Weight category 85 kg								
Kristupas Griškus	Lithuania	24	53	106	101	101	207	2	2
Oļegs Ivankins	Latvia	24	66	132	65	65	197	3	1
Andres Metjer	Estonia	32	39	156	88	176	332	1	3
	Weight category 95 kg								
Gerardas Bairamovas	Lithuania	24	59	118	105	105	223	3	1
Edgars Prancāns	Latvia	32	71	284	110	220	504	1	3
Kuldar Kark	Estonia	32	62	248	110	220	468	2	2
	Weight category over 95 kg								
Dangiras Lukošius	Lithuania	32	67	268	108	216	484	1	3
Māris Rubulis	Latvia	32	56	224	115	230	454	2	2
Ainar Aruvāli	Estonia	32	55	220	73	146	366	3	1

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FEMALE

Athlete's Name and Surname	Team	KB weight	Snatch		Final place	Team points
			Reps	Points		
	Weight category 58 kg					
Monika Navagruckaitė	Lithuania	16	105	105	2	2
Greta Kopilova	Latvia	16	115	115	1	3
	Weight category 63 kg					
Rūta Sindikevičienė	Lithuania	24	109	218	1	3
Vita Grundule	Latvia	16	94	94	2	2
	Weight category 68 kg					
Kotryna Visockaitė	Lithuania	24	80	160	1	3
Samanta Sproģe	Latvia	16	117	117	2	2
Madli Valtenberg	Estonia	16	114	114	3	1
	Weight category over 68 kg					
Danutė Šalkauskaitė	Lithuania	16	110	110	3	1
Estere Romanovska Balunova	Latvia	24	94	188	1	3
Eveli Pahurin	Estonia	24	70	140	2	2

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TEAM RELAY

Lift No.	Athlete's Name and Surname	KB weight	Reps	Points	Total points	Place
LITHUANIA						
1	Edvinas Baltrušis	24	25	25	223	2
2	Povilas Kačinskas	24	43	43		
3	Kajus Kontrimas	24	25	25		
4	Justas Optas	32	30	60		
5	Dangiras Lukošius	32	35	70		
LATVIA						
1	Ainārs Dokāns	24	22	22	187	3
2	Oļegs Ivankins	24	29	29		
3	Jānis Dokāns	32	16	32		
4	Edgars Prancāns	32	25	50		
5	Vladislavs Voitehovičs	32	27	54		
ESTONIA						
1	Aimar Romet	24	34	34	234	1
2	Edvard Lall	32	25	50		
3	Andres Metjer	32	19	38		
4	Kuldar Kark	32	26	52		
5	Ainar Aruväli	32	30	60		

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TEAM POINTS

TEAM	FEMALE				MALE							TOTAL	PLACE
	-58	-63	-68	+68	-63	-68	-73	-78	-85	-95	+95		
Lithuania	2	3	3	1	2	2	3	2	2	1	3	24	2
Latvia	3	2	2	3	3	3	1	1	1	3	2	24	1
Estonia	-	-	1	2	-	1	2	3	3	2	1	15	3

Chief referee

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