

APPROVE

**President
of International Union of Kettlebell Lifting
Mr. Imants Lochmels**

COORDINATED

**Chairman of Board
of Latvian Kettlebell Lifting Association
Mr. Vasily Ginko**

**REGULATION
ABOUT REALIZATION OF
WORLD CHAMPIONSHIP U - 22
AMONG JUNIORS (1990 year of birth. and younger)
IN KETTLEBELL LIFTING in 2012**

1. The purposes and tasks

- Propagation and popularization of kettlebell lifting in the countries of the World.
- Strengthening of friendship between people and development of the international cooperation in the field of sports.
- Promotion of health life and sport between younger.
- Increase of sports skill, an exchange of experience, revealing of the strongest junior sportsmen-kettlebell lifters of the World.

2. Terms and conducting place

<u>Place of conducting of competitions:</u>	Latvia, Talsi, Central Sport Hall
<u>Date of conducting of competitions:</u>	14 – 15 of November, 2012.
<u>Day of arrival and registration of participants:</u>	13 of November, 2012
<u>Weighting of participants:</u>	juniors-female (snatch): 13 Nov, from 17.00 to 18.00; 14 Nov, from 10.00 to 11.00; juniors-male (in a biathlon): 13 Nov, from 18.00 to 20.00; 14 Nov, from 10.00 to 11.00; Juniors-male (long cycle): 14 Nov, from 18.00 to 20.00;
<u>Beginning of competitions:</u>	14 Nov in 12.00 (male – biathlon, female - snatch); 15 Nov in 11.00 (male – long cycle, relay race)
<u>Day of delivery of protocols and departure of participants:</u>	16 of November, 2012.

3. Managing

The managing of preparation and conducting of competitions is carried out by Latvian Kettlebell Lifting Association (LKLA) in a collaboration with International Union of Kettlebell Lifting (IUKL).

Chief referee of competitions and chairman of referee assembly: Mr. Guntars Belkovskis (Latvia).

Main secretary: Mr. Vasily Ginko (Latvia)

Contact persons on organization of competitions: Mr. Guntars Belkovskis (+371) 29517808
Mr. Vasily Ginko (+371) 26398120

4. Competitors

The Championship is for individual athletes and teams and will be held in two categories:

- **Amateur** (men - weights of 24 kg, women - weights of 16 kg);
 - **Professionals** (men - weights of 32 kg, women - weights of 24 kg);
- and in one age group:
- **till 22 years old (1990 year of birth and younger).**

In World Championship can participate sportsmen from countries-members of IUKL, and also representatives of national federations and countries that got the personal invitations. In competitions can take part sportsmen and organizations that are not the members of IUKL, but got the personal invitation.

Each countries-participants can have only one sportsman in every weight category in every competition discipline (biathlon, long cycle or snatch for girls), and similarly to have a separate team for participating in a team relay race.

Weight categories:

Juniors-female: till 58kg; till 63kg; till 68kg; over 68kg;

Juniors-male: till 63kg; till 68kg; till 73kg; till 78kg; till 85kg; till 95kg; till 105kg; over 105kg;

A team relay race – juniors-male: till 78kg; till 85kg; till 95kg; till 105kg; over 105kg.

5 persons from a country, combination of two persons in one weight is shut out.

A team must have a single form with symbolism of the country.

Participants or representatives of country, must have a flag and CD with the record of hymn of the country.

5. Kinds of competitions

In individual superiority competitions are conducted:

For Juniors-male:

- on a classic biathlon (classic «short» jerk + snatch);
- in a long cycle («long» jerk).

Juniors-female:

- in a snatch.

In team superiority competitions are conducted:

For Juniors-male:

- in a team relay race (classic «short» jerk);

For Juniors-male and Juniors-female:

- in a team offset (on the amount of glasses, collected the representatives of every team).

Temporal regulation – 10 minutes in every exercise (jerk, snatch, long cycle).

Team relay race – 3 minutes for every participant of command, total time 15 minutes.

6. Estimation of results and rewarding

Competitions are conducted by Rules of International Union of Kettlebell Lifting, with additions and changes, borne on the day of conducting of competitions.

Winners among Juniors-male are determined in the sum of biathlon and in a long cycle in an individual and team offsets, among Juniors-female - in a snatch in an individual and team offsets.

For 1-3 places in individual offset in each age group in each weight category participants are reward by medal and diploma.

For 1-3 places in team relay rase team are reward by cups and diploma, participants – by medal and diploma.

For 1-3 places in team offset the team are reward by cup and diploma.

During competitions realization of doping control is foreseen. Registration of higher achievements - in accordance with REGULATION about registration of IUKL.

7. Financial terms

Charges, linked with participation of sportsmen in World Championship U-22 (travelling charges, feed, residence) belong on the account of sportsmen or sending on an assignment organizations.

Starting payment for participating in competitions:

biathlon (male) - 20 EUR;

long cycle (male) – 20 EUR;

snatch (female) – 20 EUR;

team relay race – 5 EUR / for every participant (25 EUR at complete composition of team).

Sportsmen and teams from countries which are not the members of IUKL pay starting payment for participating in competitions in a double size.

Sportsmen and teams from the countries-members of IUKL, pay starting payment for participating in competitions in a double size in case if their country did not pay an annual membership fee for 2012 in the moment of conducting of competitions.

Places in a hotel till 30 EUR (~ 37 USD) / night (about a desire to reserve places in a hotel is needed to report beforehand).

Reservation of hotel till 5 of November (a sample of reservation form is in appendix).

9. Applications

Additional information, consultations and elucidations, can be obtained on phones

Mr. Guntars Belkovskis (+371) 29517808,

(+371) 29209418,

Mr. Vasily Ginko (+371) 26398120,

Application on participating in the competitions of standard form (standard form – on a site of IUKL www.giri-iukl.com) can be given:

by fax: (+371) 636 68850

e-mail: guntars110@inbox.lv

e-mail: vasilij.ginko@vgt.lv

Preliminary application on participating in competitions must be given to 15 of October, 2012.

Final application on participating in competitions and also registration of hotel (a standard form for registration is in an appendix) must be given to 5 of November, 2012.

**This regulation is an official invitation
to participate in this competitions**



The legal (judicial) address: Seļgas str. 1d, Rīga, Latvia, LV-3264
 Юридический адрес: Ул. Селгаскд, Рига, Латвия, LV-3264
 www.giriukl.com

Secretary general of IUKL Vasily Ginko - Генеральный секретарь МСДС - Василий Гинко,
 e-mail: vasilis.ginko@vgt.lv, phone (+371) 26398120, fax (+371) 3668850,

ЗАЯВКА НА УЧАСТИЕ В ОФИЦИАЛЬНЫХ СОРЕВНОВАНИЯХ МСГС
THE APPLICATION FORM FOR PARTICIPATION IN OFFICIAL COMPETITIONS OF IUKL

Название соревнований: Открытый Чемпионат Европы U-18 в 2011

Name of competitions: Open European Championship U-18 in 2011

Период проведения соревнований: 29 июля – 01 августа 2011 года

Period of carrying out of competitions: 29 June – 01 August, 2011

Место проведения соревнований: Латвия, Вентспилс

Place of carrying out of competitions: Latvia, Ventspils

Личные данные спортсменов: / Personal data of sportsmen: (ОБРАЗЕЦ / SAMPLE)

Страна/ Country	Организация/ Organization	Имя, Фамилия/ Name, Surname	Год рождения/ Year of a birth	Спортивный разряд/ Sports category	Весовая категория/ Weight category	Примечания / Notes
ЛАТВИЯ	Клуб гиревого спорта „Ventspils Atlants”	Юлия Прокопенко	1992	1 разряд	-68 kg	„Рывок”
ЛАТВИЯ	Клуб гиревого спорта „Ventspils Atlants”	Евгения Прокопенко	1991	1 разряд	-58 kg	„Рывок”
ЛАТВИЯ	Клуб тяжелой атлетики „Ventspils Titāns”	Иварс Зальмежс	1991	КМС	-78 kg	Толчок (Т), Ком. Эст. (КЭ)
ЛАТВИЯ	Клуб тяжелой атлетики „Ventspils Titāns”	Иво Лиепиньш	1993	1 разряд	-53 kg	Двоеборье(ДВ)



The legal (juridical) address: Selgas str. 1d, Rīga, Latvia, LV-3264
 Юридический адрес: Ул. Селгас 1д, Рига, Латвия, LV-3264
 www.giriukl.com

Secretary general of IUKL Vasily Ginko - Генеральный секретарь МСГС - Василий Гинько,
 e-mail: vasilij.ginko@vgt.lv, phone (+371) 26398120, fax (+371) 3668850,

Резервирование гостиницы: / Hotel reservation: (ОБРАЗЕЦ / SAMPLE)

Общее количество мест/ Total quantity of places	Тип гостиницы, номера/ Type of hotel			Примечания/ Notes
	1-местный 49 USD	2-местный 35 USD	3-местный 22 USD	
9	3	3	3	

Оплату гостиницы гарантируем / Accommodation fee it is guaranteed.

Резервирование питания: / Food reservation: (ОБРАЗЕЦ / SAMPLE)

Общее количество персон/ Total quantity of persons	Тип питания/ Type of food			Примечания/ Notes
	Завтрак/ Breakfast	Обед/ Lunch	Ужин/ Dinner	
9	9	3	3	<i>Breakfasts – in hotel; lunch – on a place of carrying out of competitions; dinner – in hotel</i>

Оплату питания гарантируем / Food payment it is guaranteed.

Дата подачи заявки: _____.

Имя, Фамилия, должность представителя или ответственного лица:
 Name, Surname, post of the representative or the responsible person:

Василий Гинько, председатель правления КГС „Ventspils Atlants” и КТА „Ventspils Titāns”

Подпись представителя или ответственного лица: _____ **XXXXXXXXXXXXXXXXXX** _____
 Signature of the representative or the responsible person:

Заявка может быть передана в секретариат МСГС по факсу (+371) 636 68 850, или по электронной почте vasilij.ginko@vgt.lv, оригинал заявки должен быть подан в секретариат или в мандатную комиссию в день регистрации участников соревнований.

The application form can be transferred in secretary IUKL by fax (+371) 636 68 850, or by e-mail vasilij.ginko@vgt.lv, the original of the application form should be submitted to secretary or in credentials committee in day of registration of participants of competitions.