

APPROVE

**President
of International Union of Kettlebell Lifting
Mr. Imants Lochmels**

COORDINATED

**President of
Weightlifting Association of Hamburg
Hamburger Gewichtheber-Verband e.V.
Mr. Slawa Wasiljew**

**REGULATION
ABOUT REALIZATION OF
OPEN EUROPEAN CHAMPIONSHIP U - 18
AMONG YOUNGER (1995 year of birth and younger)
IN KETTLEBELL LIFTING in 2013**

1. The purposes and tasks

- Propagation and popularization of kettlebell lifting in the countries of the Europe.
- Strengthening of friendship between people and development of the international cooperation in the field of sports.
- Promotion of health life and sport between younger.
- Increase of sports skill, an exchange of experience, revealing of the strongest younger sportsmen-kettlebell lifters of the Europe.

2. Terms and conducting place

Place of conducting of competitions:

Leistungszentrum Gewichtheben
Osterbekstr. 96, 22083 Hamburg, Germany

Date of conducting of competitions:

27th - 28th of July, 2013.

Day of arrival and registration of participants:

26th of July, 2013

Weighting of participants:

girls (snatch): 26 July, from 17.00 to 18.00;
 27 July, from 10.00 to 11.00;
boys (in a biathlon): 26 July, from 18.00 to 20.00;
 27 July, from 10.00 to 11.00;
boys (long cycle): 27 July, from 18.00 to 20.00;
27 July at 12.00 (boys – biathlon, girls - snatch);
28 July at 11.00 (boys – long cycle, relay race)

Beginning of competitions:

27 July at 12.00 (boys – biathlon, girls - snatch);
28 July at 11.00 (boys – long cycle, relay race)

Day of delivery of protocols and departure of participants: 28 of July, 2013.

3. Managing

The managing of preparation and conducting of competitions is carried out by “Hamburger Gewichtheber-Verband e.V.” in a collaboration with International Union of Kettlebell Lifting (IUKL).

Chief referee of competitions and chairman of referee assembly: Mr. Guntars Belkovskis (Latvia).

Main secretary: Mr. Vasily Ginko (Latvia)

Contact persons on organization of competitions: Mr. Slawa Wasiljew (+49) 1787209399

Mr. Johann Martin (+49) 1791773358

4. Competitors

Competitions are individually-commands and conducted in two ages groups:

- till 16 years old (1997 year of birth and younger);

- till 18 years old (1995 year of birth and younger).

In Open Championship of Europe can participate sportsmen from European continental countries-members of IUKL, and also representatives of national federations and countries that got the personal invitations. In competitions can take part sportsmen and organizations that are not the members of IUKL and are not situated on the European continent, but got the personal invitation.

Each countries-participants can have only one sportsman in every weight category in every competition discipline (biathlon, long cycle or snatch for girls) in every age group, and similarly to have a separate team for participating in a team relay race.

Weight categories:

Boys-16: till 58kg; till 68kg; till 78kg; over 78kg;

Boys-18: till 53kg; till 58kg; till 63kg; till 68kg; till 73kg; till 78kg; till 85kg; over 85kg;

Girls-16: till 58kg; over 58kg;

Girls-18: till 53kg; till 58kg; till 63kg; over 63kg.

A team relay race – boys (without age groups): till 68kg; till 73kg; till 78kg; till 85kg; over 85kg.
5 persons from a country, combination of two persons in one weight is shut out.

Sporting shells:

Boys-16:

All weight categories - kettlebells 16kg.

Boys-18:

All weight categories - kettlebells 24kg.

Girls-16:

All weight categories - kettlebells 12kg.

Girls-18:

All weight categories - kettlebells 16kg.

Team relay race – only boys (without age groups):
kettlebells 24kg.

A team must have a single form with symbolism of the country.

Participants or representatives of country, must have a flag and CD with the record of hymn of the country.

5. Kinds of competitions

In individual superiority competitions are conducted:

For boys:

- on a classic biathlon (classic «short» jerk + snatch);

- in a long cycle («long» jerk).

For girls:

- in a snatch.

In team superiority competitions are conducted:

For boys:

- in a team relay race (classic «short» jerk);

For boys and girls:

- in a team offset (on the amount of glasses, collected the representatives of every team).

Temporal regulation – 10 minutes on every exercise (jerk, snatch, long cycle).

Team relay race – 3 minutes for every participant of command, total time 15 minutes.

6. Estimation of results and rewarding

Competitions are conducted by Rules of International Union of Kettlebell Lifting, with additions and changes, borne on the day of conducting of competitions.

Winners among boys are determined in the sum of biathlon and in a long cycle in an individual and team offsets, among girls - in a snatch in an individual and team offsets.

For 1-3 places in individual offset in each age group in each weight category participants are reward by medal and diploma.

For 1-3 places in team relay race team are reward by cups and diploma, participants – by medal and diploma.

For 1-3 places in team offset the team are reward by cup and diploma.

During competitions realization of doping control is foreseen. Registration of higher achievements - in accordance with REGULATION about registration of IUKL.

7. Financial terms

Charges, linked with participation of sportsmen in European Championship U-18 (travelling charges, feed, residence) belong on the account of sportsmen or sending on an assignment organizations.

Starting payment for participating in competitions:

biathlon (boys) - 20 EUR;

long cycle (boys) – 20 EUR;

snatch (girls) – 20 EUR;

team relay race – 5 EUR / for every participant (25 EUR at complete composition of team).

Sportsmen and teams from countries which are not the members of IUKL pay starting payment for participating in competitions in a double size.

Sportsmen and teams from the countries-members of IUKL, pay starting payment for participating in competitions in a double size in case if their country did not pay an annual membership fee for 2013 in the moment of conducting of competitions.

9. Applications

Additional information, consultations and elucidations, can be obtained on phones

Mr. Slawa Wasiljew (+49) 1787209399 (contact for visa related questions)

Mr. Johann Martin (+49) 1791773358

Application on participating in the competitions of standard form (standard form – on a site of IUKL www.giri-iukl.com) can be given:

e-mail Mr. Slawa Wasiljew: kb13sw@athletenclub-hamburg.de

e-mail Mr. Johann Martin: kb13jm@athletenclub-hamburg.de

**Preliminary application on participating in competitions must be given to 15 of October, 2012.
Final application on participating in competitions and also registration of hotel (a standard form for registration is in an appendix) must be given to 5 of November, 2012.**

**This regulation is an official invitation
to participate in this competitions**



The legal (judicial) address: Seļgas str. 1d, Rīga, Latvia, LV-3264
 Юридический адрес: Ул. Селгаскд, Рига, Латвия, LV-3264
 www.giriukl.com

Secretary general of IUKL Vasily Ginko - Генеральный секретарь МСТС - Василий Гинко,
 e-mail: vasilis.ginko@vgt.lv, phone (+371) 26398120, fax (+371) 3668850,

ЗАЯВКА НА УЧАСТИЕ В ОФИЦИАЛЬНЫХ СОРЕВНОВАНИЯХ МСГС
THE APPLICATION FORM FOR PARTICIPATION IN OFFICIAL COMPETITIONS OF IUKL

Название соревнований: Открытый Чемпионат Европы U-18 в 2013

Name of competitions: Open European Championship U-18 in 2013

Период проведения соревнований: 27 июля – 28 июля 2013 года

Period of carrying out of competitions: 27 July – 28 July, 2013

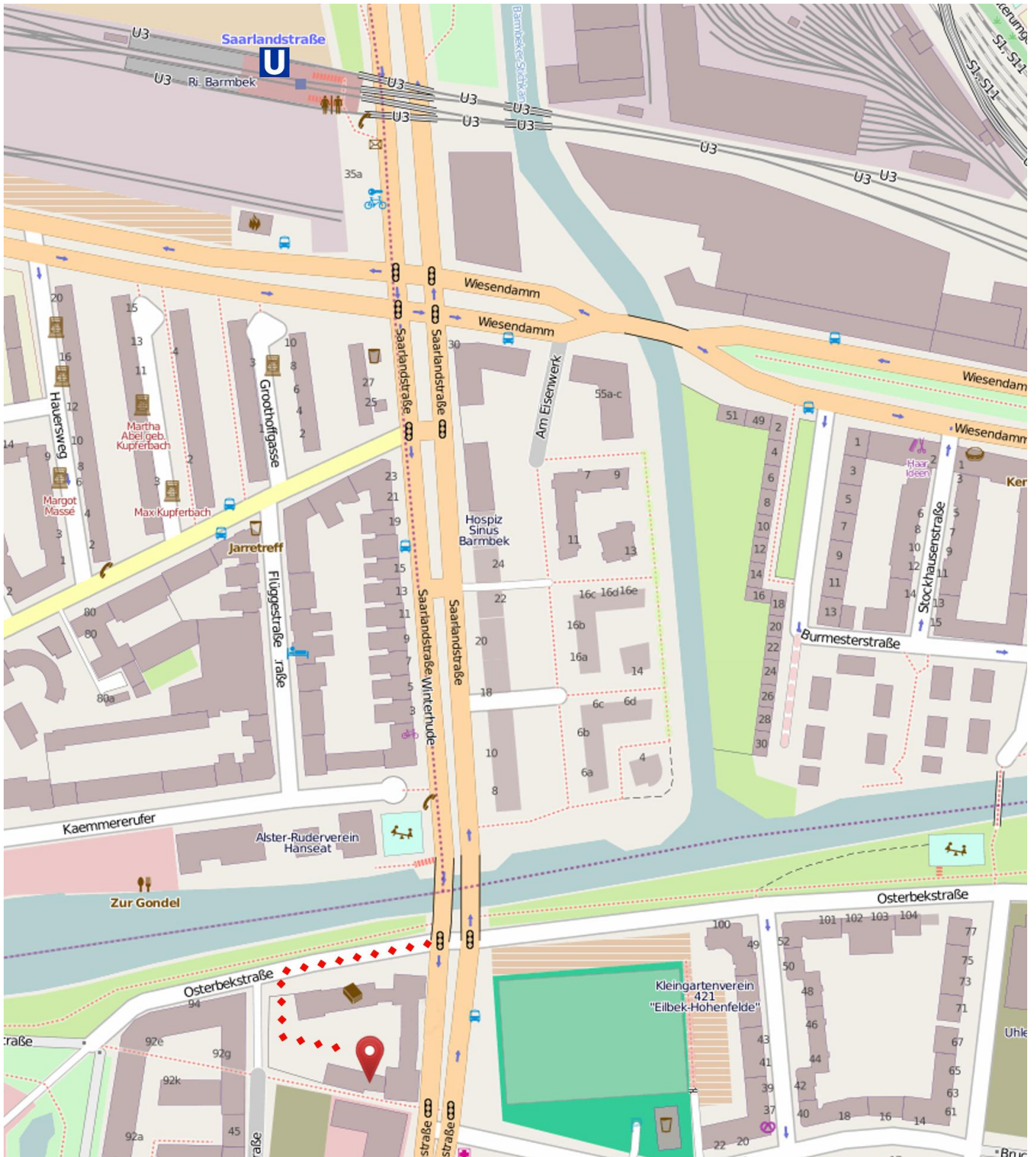
Место проведения соревнований: Германия, Гамбург

Place of carrying out of competitions: Germany, Hamburg

Личные данные спортсменов: / Personal data of sportsmen: (ОБРАЗЕЦ / SAMPLE)

Страна/ Country	Организация/ Organization	Имя, Фамилия/ Name, Surname	Год рождения/ Year of a birth	Спортивный разряд/ Sports category	Весовая категория/ Weight category	Примечания / Notes
ЛАТВИЯ	Клуб гиревого спорта „Ventspils Atlants”	Юлия Прокопенко	1996	1 разряд	-68 kg	„Рывок”
ЛАТВИЯ	Клуб гиревого спорта „Ventspils Atlants”	Евгения Прокопенко	1995	1 разряд	-58 kg	„Рывок”
ЛАТВИЯ	Клуб тяжелой атлетики „Ventspils Titāns”	Иварс Зальмежс	1995	КМС	-78 kg	Толчок (Т), Ком. Эст. (КЭ)
ЛАТВИЯ	Клуб тяжелой атлетики „Ventspils Titāns”	Иво Лиепиньш	1997	1 разряд	-53 kg	Двоеборье(ДВ)

Location of “Leistungszentrum Gewichtheben”



The hall of competition is located inside a building complex. You can not access the building from the “Saarlandstrasse”. Please access the building following the dotted line. There is a limited amount of parking lots available.