

KETTLEBELL LIFTING - RANKS of INTERNATIONAL UNION OF KETTLEBELL LIFTING (IUKL)

norms and terms of their implementation for the appropriation of sporting ranks and classes in IUKL

The appropriation of sporting ranks and classes is produced on the basis of presentation from the members of IUKL - national federations, organizations and representatives. To the application on the appropriation of sporting rank and class the copies of documents that confirmative the result of sportsman (protocol of competitions, certified form of courses of IUKL-IKSA etc.) must be attached. The personal data of sportsman are added to official Register of sporting ranks and classes of IUKL and published on a site of IUKL. A cost of procedure of registration is 20 EUR.

In case if on the receipt of sporting rank and class of IUKL is applies a sportsman without presentation from a member of IUKL - a cost of procedure of registration is 40 EUR.

Paying for

DISTINGUISHED-PROFI-IUKL - the Sporting rank "Distinguished Professional of the IUKL" - Gold breastplate; awarded the frequent record-holders of official international championships the decision of rule of IUKL (at establishment no less than 5 records of the World or no less than 7 records of the World and Europe or no less than 10 records of Europe);

DESERVED-PROFI-IUKL - the Sporting rank "Deserved Professional of the IUKL" - Gold breastplate; awarded the frequent winners of official international championships the decision of rule of MSGS (at a conquest no less than 5 ranks of the World champion or no less than 7 ranks of the World and Europe champion or no less than 10 ranks of Europe champion);

I-PROFI-IUKL - the Sporting rank "Professional of I category of the IUKL" - Breastplate of red color; awarded at execution of the proper norm on the official competitions of IUKL or on the official courses of IUKL-IKSA on condition of the official judging of IUKL;

II-PROFI-IUKL - the Sporting rank "Professional of II category of the IUKL" - Breastplate of red color; awarded at execution of the proper norm on the official competitions of IUKL or on the official courses of IUKL-IKSA on condition of the official judging of IUKL;

III-PROFI-IUKL - the Sporting rank "Professional of III category of the IUKL" - Breastplate of red color; awarded at execution of the proper norm on the official competitions of IUKL or on the official courses of IUKL-IKSA on condition of the official judging of IUKL;

I-AMAT-IUKL - the Sporting category "Amateur of I class of the IUKL" - Breastplate of green color; awarded at execution of the proper norm on the official competitions of IUKL or on the official courses of IUKL-IKSA on condition of the official judging of IUKL;

II-AMAT-IUKL - the Sporting category "Amateur of II class of the IUKL" - Breastplate of green color; awarded at execution of the proper norm on the official competitions of IUKL or on the official courses of IUKL-IKSA on condition of the official judging of IUKL;

III-AMAT-IUKL - the Sporting category "Amateur of III class of the IUKL" - Breastplate of green color; awarded at execution of the proper norm on the official competitions of IUKL or on the official courses of IUKL-IKSA on condition of the official judging of IUKL;

I-YOUTH-IUKL - I Youth category of the IUKL - Breastplate of yellow color; awarded at execution of the proper norm on the official competitions of IUKL or on the official courses of IUKL-IKSA on condition of the official judging of IUKL;

II-YOUTH-IUKL - II Youth category of the IUKL - Breastplate of yellow color; awarded at execution of the proper norm on the official competitions of IUKL or on the official courses of IUKL-IKSA on condition of the official judging of IUKL;

III-YOUTH-IUKL - III Youth category of the IUKL - Breastplate of yellow color; awarded at execution of the proper norm on the official competitions of IUKL or on the official courses of IUKL-IKSA on condition of the official judging of IUKL;

<i>General conditions of table - in accordance with the International rules of competitions of IUKL</i>	<ol style="list-style-type: none"> 1. In a table the amount of repetitions is indicated for 10 minutes (in a biathlon - in every exercise). 2. A biathlon consists of exercise "jerk" and exercise "snatch". 3. Points in a biathlon are calculated: 1 jerk - 1 point, 1 snatch - 0,5 point. 4. Points in a long cycle are calculated: 1 long cycle - 1 point.
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Nr.	Name of discipline	Measuring units	KB weight - 32 kg			KB weight - 24 kg						KB weight - 16 kg					
			Sporting ranks			Sporting ranks			Sporting category			Sporting category			Youth category		
			I PROFI	II PROFI	III PROFI	I PROFI	II PROFI	III PROFI	I AMAT	II AMAT	III AMAT	I AMAT	II AMAT	III AMAT	I YOUTH	II YOUTH	III YOUTH
			male	male	male	female	female	female	male	male	male	female	female	female	youth	youth	youth
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1	Biathlon - weight category 53 kg	Points													110	75	45
2	Biathlon - weight category 58 kg	Points							80	60	40				120	85	50
3	Biathlon - weight category 63 kg	Points	145	95	60				90	70	50				130	95	55
4	Biathlon - weight category 68 kg	Points	165	110	70				100	80	55				140	100	60
5	Biathlon - weight category 73 kg	Points	180	125	82				110	85	60				150	110	65
6	Biathlon - weight category 78 kg	Points	195	135	92				120	95	70				165	125	75
7	Biathlon - weight category 85 kg	Points	205	145	105				130	100	75				180	140	85
8	Biathlon - weight category +85 kg	Points							135	105	80				200	155	100
9	Biathlon - weight category 95 kg	Points	215	155	110				140	110	85						
10	Biathlon - weight category 105 kg	Points	220	160	115				150	120	90						
11	Biathlon - weight category +105 kg	Points	222	165	120				155	130	100						
12	Long cycle - weight category 53 kg	Points													38	32	26
13	Long cycle - weight category 58 kg	Points							45	35	25				45	38	30
14	Long cycle - weight category 63 kg	Points	48	37	28				50	39	29				51	41	32
15	Long cycle - weight category 68 kg	Points	57	44	35				55	44	33				56	46	36
16	Long cycle - weight category 73 kg	Points	64	49	41				60	48	36				61	51	41
17	Long cycle - weight category 78 kg	Points	69	53	45				64	52	40				68	58	48

18	Long cycle - weight category 85 kg	Points	75	57	48				69	56	44				75	65	55
19	Long cycle - weight category +85 kg	Points							73	59	46				95	85	65
20	Long cycle - weight category 95 kg	Points	80	60	52				76	62	48						
21	Long cycle - weight category 105 kg	Points	82	62	55				80	65	50						
22	Long cycle - weight category +105 kg	Points	85	64	57				85	70	55						

23	Snatch - weight category 53 kg	Points										80	60	40			
24	Snatch - weight category 58 kg	Points				120	100	55				90	70	50			
25	Snatch - weight category 63 kg	Points				130	110	63				100	80	60			
26	Snatch - weight category +63 kg	Points										105	85	65			
27	Snatch - weight category 68 kg	Points				140	120	69				110	90	70			
28	Snatch - weight category +68 kg	Points				150	130	73				120	100	80			